

C.R.B.C Ladies Retreat February 29 – March 1, 2008





2 Corinthians 5:1

Now we know that if the earthly tent we live in is destroyed, we have a building from God, an eternal house in heaven, not built by human hands.

Retreat Agenda

Friday, February 29

7:00 am—Check in CRBC

7:30 am—Bus leaves

10:00 am—Shopping/Sightseeing/Lunch

1:00 pm—Load Bus

1:15 pm—Yankee Candle Factory

3:30 pm—Hotel Check In

5:30 pm—Dinner

7:00 pm—Session I

8:30 pm—Fun and Games

Saturday, March 1

7:00 am-Prayer Time

8:00 am—Breakfast

9:15 am—Session 2

10:30 am—Hotel Check-Out

11:00 am—Session 3

1:00 pm—Lunch

2:15 pm—Closing

2:30 pm—Bus leaves for Home



Doris McFarland

As a Pastor's wife, Doris has traveled to five continents and participated in thirteen mission trips since 1998. Her travels, with her husband, have been extensive throughout the United States. She has ministered to women of all ages, ethnic and socioeconomic backgrounds. Her trips to Ghana, West Africa for the last six years have been a great ministry opportunity working with young girls at the House of Hope. Immediately after the tsunami of January 2005, she traveled to Singapore and Chiang Mai, Thailand. She was privileged to participate in a women's

conference entitled "Walking the Dusty Roads" with women from more than ten countries. The conference addressed the needs of suffering women all over the world. Last year she was a facilitator for TransWorld Radio (TWR) leadership development in the Philippines.

Doris is a native of South Carolina, and was saved at the age of eighteen while auditioning for Ted Mack's Amateur Hour in Washington, DC. She has been married to Dr. Allen R. McFarland for 40 years and has five wonderful children, Allena, Dorena, Matina, Regina and Philip; three handsome sons-in-law, Chris, Gary and Jua; one beautiful daughter-in-law, Stefani; and nine most precious grandchildren, Dante, Christa, Chase, Tres, Chandler, Charis, Avery, Jordyn, James Allen and Josiah. She is committed to serving the Lord with her music. Her desire is to magnify and highly exhort the Lord with her whole heart.

Doris believes that her life is a ministry. She believes that her role as Pastor's wife is a calling from God, and that she should daily seek to be used by Him. As a Pastor's wife, mother, grandmother, conference speaker and singer, she ministers to women in and out of season traveling beside her husband.

Doris received a Bachelor's Degree in Christian Counseling in 2007 from Angelos Bible College and has received formal training from Norfolk State University and Liberty University. She desires to daily delight in the Lord:

"Then I was by Him, as one brought up With Him: and I was daily His delight, Rejoicing always before Him". (Proverbs 8:30 NKJ)

Session One - The Journey: Exploring a path of true worth II Corinthians 10:3-6

A .	Learning how to release the weight of pain	
B	Learning how to recovery from life's afflictions	
C .	Learning how to restore the joy of Salvation	

SessionTwo - The Journey: Dissolved but not destroyed; afflicted, yet, persevering.

Philippians 1:21-26'; Philippians 3:7-10

"If I am walking closely with God, if I have the sense of God being with me, I find that problems lose their ability to damage my spirit."

*Five (5) Spiritual Qualities for women on a journey

1)	They	run	in th	e	of a		few
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- 2) They run _____, trained to go the _____
- 3) They run _____ of the weight of the _____
- 4) They run _____ by a big-picture _____ of life
- 5) They are _____ to finishing _____

GOD EXPECTS US (AS WOMEN) TO BE:

- One who maybe wounded in battle but is steadfast
- One who stands out from everyone else
- One who continues to pursue the path of righteousness

^{*}Gordon MacDonald, (5) Qualities of a Resilient Leader

Session Three - The Journey: Living Out MANSION-TOP Experiences in Heavenly Places

Ephesians 2:1-10

- Boaz' mother was <u>Rahab</u>, the <u>Harlot</u>
- Ruth was a Moabite (of incest ancestry)
- Naomi was an ungrateful mother in law and embittered widow.
- The Woman at the Well had promiscuous relationships with five different men.



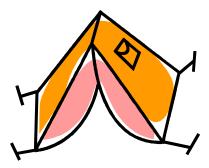
Session Four - Concluding the Journey

For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, a house not made with hands, eternal in the heavens. **Il Corinthians 5:1**

The View is much better from the Mansion as well as the amenities and the service

- 1. Earthly house
- 2. Tabernacle
- 3. A building of God
- 4. A house not made with hands
- 5. Eternal in the heavens

For we have this *treasure* in *earthen vessels*, that this excellence of the power may be of God, and not of us, we are hard-pressed on every side, yet not crushed, we are perplexed, but not in despair, persecuted, but not forsaken, struck down, but not destroyed – always carrying about in the body the dying of the Lord Jesus, that the life of Jesus also may be manifested in our body. **II Corinthians 4:7-10**



March 1, 2008

Early Morning Prayer Time

Spend some time alone in prayer with the Lord evaluating your current pilgrimage on earth. How are you doing with your time on earth? Someday we will all step from time into eternity. The question remains: What does our time on earth look like?



Proverbs 14:15 b – A prudent man (woman) gives thought to his (her) steps.

Psalm 46:10a – Be still and know that I am God.

Be still means to cease striving, stop, surrender.

Evaluation Time:

- 1. Do I ask God for His direction before I move forward and make a decision?
- 2. Who or what occupies and consumes my heart, mind and thoughts most of the time?
- 3. Do I spend time alone with God, quiet and still?
- 4. Do I tell others about Jesus Christ?
- 5. When I sin, and the Spirit tugs at my heart telling me that I have done wrong, do I confess my sin to God?
- 6. Am I willing to say no to a good thing when it conflicts with whatever God is leading me to do, recognizing that God's leading is the best thing?
- 7. Do I desire and yearn to know what God says in His Word, the Bible?
- 8. Do I talk with God, not just to God?
- 9. Do I serve God in every area of my life, whether it has to do with relationships, work, how I play, where I go, what I eat, how I spend my time, finances, housecleaning, parenting, as a Wife, etc?
- 10. Do I love Jesus Christ more than I love myself?
- 11. Am I willing to put aside my small dreams and grab with abandon the big dreams of God?
- 12. Am I living for the Lord or living for self?
- 13. Have I brought into captivity every thought to obedience of Christ?

Before you go on, pray this prayer (from Catherine Martin's book, Set My Heart on Fire):

Lord, I love you. Fill me with Your Holy Spirit and continue to empower me for those things You have called me to accomplish. Amen

As you gather to pray in small groups together, remember that Philippians 4:6 says that we are to pray about everything, 2 Chronicles 20:15 reminds us that the battle is not yours, but God's, and Luke 18:1 encourages us to always pray and do not give up.

Suggestions for Prayer:

Pray for our Pastors and others that they have faith like Abraham, wisdom like Joseph, the meekness of Moses, wholeheartedness in following God like Caleb, perseverance like Job, integrity like Daniel, a servant heart like Mary, genuine interest in the welfare of others like Timothy, a worshipping heart like Lydia, a shepherd's heart and whatever else the Holy Spirit brings to your mind.

Pray for yourself and others – for wisdom, discernment, know Jesus better, know hope and riches from God, experience God's power, strengthened with God's power, filled with the Spirit, rooted and established in love, grasp God's love, filled with fullness of God, thankful, grow, love abound more and more, knowledge, insight, pure, blameless, righteous, live worthy lives, please God, grow in knowledge of God, know God's will, bear fruit, endurance and patience.

Pray for marriages – May husbands and wives be mutually loyal, compassionate, considerate, sensitive, respectful, affectionate, forgiving, supportive, caring and loving toward one another all the days of their lives.

Pray for our children and the children of those we know that the faith of our children will be so strong that their relationship with the Lord Jesus Christ supersedes all else in their life.

Pray that we commit our finances to the Lord and use them for God's purposes, learn to live free of burdensome debt. Where there has been a lack of wisdom, for the Lord to bring restoration and give guidance. May we remember that all we have belongs to the Lord and be grateful for it and not be anxious about finances, remembering that when we seek God's kingdom first, we will have all that we really need.

Other Prayer Requests and needs of self and others:

----- Worship in Song - Session One -----

"Arise"

One thing we ask of You
One thing that we desire
That as we worship You
Lord, come and change our lives



Arise, Arise, Arise, Arise

Arise, take Your place
Be enthroned on our praise
Arise, King of Kings
Holy God, as we sing,
Arise... Arise...

(repeat all)

"Open The Eyes of My Heart"

Open the eyes of my heart, Lord
Open the eyes of my heart
I want to see You
I want to see You
(repeat)



To see You high and lifted up Shining in the light of Your Glory Pour out Your power and love As we cry, Holy, Holy, Holy

> Holy, Holy, Holy Holy, Holy, Holy Holy, Holy, Holy I want to see You

"There is None Like You"

There is none like You
No one else can touch my heart like You do
I can search for all eternity long, and find
There is none like You
(repeat)

Your mercy flows like a river wide
And healing comes from Your hand
Suffering children are safe in Your arms
There is none like You

"None But Jesus"

In the quiet, in the stillness I know that You are God In the secret of Your presence I know there I am restored

When You call I won't refuse Each new again I'll choose

There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise

In the chaos and confusion I know You're sovereign still In the moment of my weakness You give me grace to do Your will

So when You call I won't delay This my song through all my days

There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise
(repeat)





I am Yours and You are mine
I am Yours and You are mine
I am Yours and You are mine
I am Yours Lord!

All my delight is in You, Lord
All of my heart, all of my strength
All my delight is in You, Lord
Forevermore......

(repeat)

There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise.....



----- Worship in Song - Session Two -----

"Holy is the Lord"



We stand and lift up our hands
For the Joy of the Lord is our strength
We bow down and worship Him now
How great, how awesome is He
And together we sing, everyone sing

Holy is the Lord, God Almighty
The earth is filled with His glory
Holy is the Lord, God Almighty
The earth is filled with His glory
The earth is filled with His glory

(REPEAT ALL)

It's rising up all around
It's the anthem of the Lord's renown
It's rising up all around
It's the anthem of the Lord's renown
Together we sing, everyone sing

Holy is the Lord, God Almighty The earth is filled with His glory Holy is the Lord, God Almighty The earth is filled with His glory The earth is filled with His glory



Holy, Holy is the Lord Almighty
Holy, Holy
(repeat)

"Holy and Anointed One"

Jesus, Jesus Holy and anointed one Jesus



Jesus, Jesus
Risen and exalted one
Jesus

Your name is like honey on my lips Your spirit's like water to my soul Your Word is a lamp unto my feet Jesus, I love You, I love You

"I Stand in Awe of You"

You are beautiful beyond description
Too marvelous for words
Too wonderful for comprehension
Like nothing ever seen or heard
Who can match Your infinite wisdom
Who can fathom the depths of Your love
You are beautiful beyond description
Majesty enthroned above

And I stand, I stand in awe of You I stand, I stand in awe of You Holy God to whom all praise is due I stand in awe of You

(repeat all)

"None But Jesus"

In the quiet, in the stillness I know that You are God In the secret of Your presence I know there I am restored

When You call I won't refuse Each new again I'll choose

There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise

In the chaos and confusion I know You're sovereign still In the moment of my weakness You give me grace to do Your will

So when You call I won't delay This my song through all my days



There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise
(repeat)

I am Yours and You are mine
I am Yours and You are mine
I am Yours and You are mine
I am Yours Lord!

All my delight is in You, Lord
All of my heart, all of my strength
All my delight is in You, Lord
Forevermore......
(repeat)
There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise

----- Worship in Song - Session Three -----

"Come, Now Is The Time To Worship"

Come, now is the time to worship
Come, now is the time to give your heart
Come, just as you are to worship
Come, just as you are before your God, come

One day every tongue will confess You are God One day every knee will bow Still the greatest treasure remains for those Who gladly choose You now

(repeat all)

"Change My Heart, O God"



Change my heart, O God Make it ever true Change my heart, O God May I be like You

You are the Potter, I am the clay
Mold me and make me
This is what I pray

Change my heart, O God Make it ever true Change my heart, O God May I be like You

"Lord, You Have My Heart"

Lord, You have my heart
And I will search for Yours
Jesus, take my life and lead me on
Lord, You have my heart
And I will search for Yours
Let me be to You a sacrifice

And I will praise You, Lord And I will sing of love come down And as You show Your face We'll see Your glory here

(repeat all)

"None But Jesus"



In the quiet, in the stillness I know that You are God In the secret of Your presence I know there I am restored

When You call I won't refuse Each new again I'll choose

There is no one else for me
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In the chaos and confusion
I know You're sovereign still
In the moment of my weakness
You give me grace to do Your will



So when You call I won't delay This my song through all my days

There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise
(repeat)

I am Yours and You are mine
I am Yours and You are mine
I am Yours and You are mine
I am Yours Lord!

All my delight is in You, Lord
All of my heart, all of my strength
All my delight is in You, Lord
Forevermore...
(repeat)

There is no one else for me
None but Jesus
Crucified to set me free
Now I live to bring Him praise...



"Heavenly" Sweet Treats

Heavenly Surprise Cupcakes

2 eggs

1-1/4 cups sugar

1 cup buttermilk

2/3 cup vegetable oil

1 tsp vanilla extract

1-1/2 cups all-purpose flour

1/2 cup baking cocoa

1-1/4 teaspoons baking soda

1 teaspoon salt

Frosting:

2/3 cup butter-flavored shortening

2/3 cup butter, softened

1 cup sugar

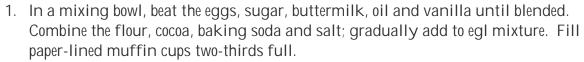
1 can (5 ozs) evaporated mile

1 tablespoon water

1/2 teaspoon vanilla extract

2 cups confectioners' sugar

The texture of this frosting is typical of one made with granulated even though it's made with confectioner's sugar.



- 2. Bake at 350 for 20-22 minutes or until a toothpick inserted near the center comes out clean. Cool for 10 minutes before removing from pans to wire racks to cool completely.
- 3. For frosting, in a large mixing bowl, cream the shortening, butter and sugar. Stir in milk, water and vanilla. Gradually beat in confectioners' sugar.
- 4. Cut a small hole in the corner of a pastry or resealable plastic bag; insert a small star tip. Fill bag with frosting.
- 5. Push tip 1 inch into center of cupcake and fill with frosting just until tip of cake begins to crack. Pipe frosting in a spiral pattern over the top, beginning near the edge of the cupcake.

Yield: 1-1/2 dozen

(Recipe comes from The Taste of Home Cookbook)



Angel Cookies

1 cup sugar

1 cup butter or margarine, softened

1 egg

1 teaspoon vanilla

1/2 teaspoon almond extract

2 cups flour

1/2 teaspoon baking soda

1/2 teaspoon cream of tartar

1/4 teaspoon salt

water

sugar



- 1. Beat together sugar and butter at medium speed until creamy. Add egg, vanilla and almond extract, beating well.
- 2. Reduce speed and add flour, baking soda, cream of tartar, and salt. Shape dough into 1-inch balls. Dip top of each ball into water, then into sugar.
- 3. Place the balls on an ungreased cookie sheet, 2 inches apart.
- 4. Bake at 375 for 7-9 minutes.

Makes about 3 dozen cookies.

(Recipe comes from Christmas at Home with Mary & Martha, Dishin' Up Desserts & Hope)

Pudding in a Cloud

2 cups thawed COOL WHIP Whipped Topping

2 cups cold milk

1 package (4-serving size) JELL-O instant pudding & pie filling, any flavor

- 1. Spoon whipped topping evening into 6 dessert dishes. Using back of spoon, spread whipped topping into bottom and up side of each dish.
- 2. Pour cold milk into medium bowl. Add pudding mix. Beat with wire whisk 2 minutes. Spoon pudding into center or whipped topping.
- 3. Refrigerate until ready to serve.

Makes 6 servings.

(Recipe comes from Kraft Family Favorites, Anytime, Any Day)



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